



# ichroma™ NT-proBNP

## INTENDED USE

**ichroma™ NT-proBNP** is a fluorescence immunoassay (FIA) for the quantitative determination of NT-proBNP (N-terminal pro-brain natriuretic peptide) in human whole blood/serum/plasma. It is useful as an aid in the diagnosis of persons suspected of having congestive heart failure.

For *in vitro* diagnostic use only.

## INTRODUCTION

N-terminal pro-brain natriuretic peptide (NT-proBNP) is produced predominantly by the cardiac ventricular myocytes<sup>[1]</sup> and is released in response to myocardial stress and filling pressure<sup>[2]</sup> and is involved in maintaining intravascular volume homeostasis<sup>[3,4]</sup>. After stimulation of heart muscle cells, the natriuretic peptides are produced as prohormones (proBNP), and this is cleaved into two fragments which are secreted into the bloodstream as the 32 amino acids active BNP and the N-terminal fragment of 76 amino acids designated as NT-proBNP. NT-proBNP immunoassays are widely used and are now considered to be a useful marker and have a high degree of diagnostic accuracy in clinical practice and cardiovascular research as a diagnostic tool for the occurrence and severity of heart failure (HF) <sup>[5,6,7]</sup>. Therefore NT-proBNP measurements in human blood are helpful not only for the cardiac disease diagnosis but also for evaluation of patients with suspected HF and assessment of severity of the disease.

## PRINCIPLE

The test uses a sandwich immunodetection method.

The detector antibodies in buffer bind to antigens in the sample, forming antigen-antibody complexes, and migrate onto nitrocellulose matrix to be captured by the other immobilized streptavidin on a test strip.

More antigens in the sample will form more antigen-antibody complexes which lead to stronger fluorescence signal by detector antibodies, which is processed by the instrument for ichroma™ tests to show NT-proBNP concentration in the sample.

## COMPONENTS

**ichroma™ NT-proBNP** consists of 'cartridges', 'detector tubes', 'detector diluent'.

- The cartridge contains the membrane called a test strip which has streptavidin at the test line, and chicken IgY at the control line. All cartridges are individually sealed in an aluminum foil pouch containing a desiccant, and they are further packaged in a box.
- The detector tube has 2 granules containing anti-NT-proBNP-fluorescence conjugate, anti-chicken IgY-fluorescence conjugate, biotin-anti-NT-proBNP conjugate, and sodium azide as a preservative in Tris-Cl. All detector

tubes are packed in a pouch.

- The detector diluent contains tween 20 as surfactant in MES, and it is pre-dispensed in a vial. The detector diluent is packed in a box.

## WARNINGS AND PRECAUTIONS

- For *in vitro* diagnostic use only.
- Follow the instructions and procedures described in this 'Instructions for use'.
- Use only fresh samples and avoid direct sunlight.
- Lot numbers of all the test components (cartridge, detector tube, detector diluent and ID chip) must match each other.
- Do not interchange the test components between different lots or use the test components after the expiration date, either of which might yield incorrect test result(s).
- Do not reuse cartridges or detector tubes. A cartridge should be used for testing one sample only. A detector tube should be used for processing of one sample only.
- The cartridge should remain sealed in its original pouch until just before use. Do not use cartridge, if pouch is damaged or has already been opened.
- Frozen sample should be thawed only once. For shipping, samples must be packed in accordance with local regulations. Sample with severe hemolysis and/or hyperlipidemia must not be used.
- If test components and/or sample are stored in refrigerator, then allow cartridge, detector tube, detector diluent and sample to be at room temperature for approximately 30 minutes before use.
- The instrument for ichroma™ tests may generate slight vibration during use.
- Used cartridges, detector tubes, detector diluent, and pipette tips should be handled carefully and discarded by an appropriate method in accordance with relevant local regulations.
- The detector tube contains sodium azide (NaN<sub>3</sub>), and it may cause certain health issues like convulsions, low blood pressure, low heart rate, loss of consciousness, lung injury and respiratory failure. Avoid contact with skin, eyes, and clothing. In case of contact, rinse immediately with running water.
- No Biotin interference was observed in **ichroma™ NT-proBNP** when biotin concentration in the sample was below 10 ng/mL. If a patient has been taking biotin at dosage of more than 0.03 mg a day, it is recommended to test again 24 hours after discontinuation of biotin intake.
- **ichroma™ NT-proBNP** will provide accurate and reliable results subject to the below conditions.
  - **ichroma™ NT-proBNP** should be used only in conjunction with the instrument for ichroma™ tests.
  - **Have to use recommended anticoagulant.**

### Recommended anticoagulant

K<sub>2</sub> EDTA, K<sub>3</sub> EDTA, Sodium heparin, Lithium heparin

## STORAGE AND STABILITY

Storage condition			
Component	Storage Temperature	Shelf life	Note
Cartridge	2 – 30°C	20 months	Disposable
Detector tube	2 – 30°C	20 months	Disposable
Detector diluent	2 – 30°C	20 months	Unopened
		20 months	Opened

- After the cartridge pouch is opened, the test should be performed immediately.

## LIMITATION OF THE TEST SYSTEM

- The test may yield false positive result(s) due to the cross-reactions and/or non-specific adhesion of certain sample components to the capture/detector antibodies.
- The test may yield false negative result(s) due to the non-responsiveness of the antigens to the antibodies which is the most common if the epitope is masked by some unknown components, so therefore not being able to be detected or captured by the antibodies. The instability or degradation of the antigens with time and/or temperature may also cause false negative result as it makes the antigens unrecognizable by the antibodies.
- Other factors may interfere with the test and cause erroneous results, such as technical/procedural errors, degradation of the test components/reagents or presence of interfering substances in the test samples.
- Any clinical diagnosis based on the test result must be supported by a comprehensive judgment of the concerned physician in conjunction with clinical symptoms and other relevant test results.

## MATERIALS SUPPLIED

### REF CFPC-77

Components of **ichroma™ NT-proBNP**

- Cartridge box:
  - Cartridge 25
  - Detector tube 25
  - Detector diluent 1
  - ID chip 1
  - Instructions for use 1

## MATERIALS REQUIRED BUT SUPPLIED ON DEMAND

Following items can be purchased separately with **ichroma™ NT-proBNP**.

Please contact our sales division for more information.

- Instrument for **ichroma™** tests

- **ichroma™ II**
- **ichroma™ III**
- **ichroma™ M2**
- **ichroma™-50**
- **ichroma™-50 PLUS**

- i-Chamber**

- Boditech NT-proBNP Control**

- Boditech Cardiac Control**

REF FPRR021

REF FPRR037

REF FPRR031

REF FPRR022

REF FPRR036

REF FPRR009

REF CFPO-245

REF CFPO-98

## SAMPLE COLLECTION AND PROCESSING

The sample type for **ichroma™ NT-proBNP** is human whole blood/serum/plasma.

- It is recommended to test the sample within 24 hours after collection when collected sample is stored at room temperature.
- The samples (serum, plasma) should be separated from the clot by centrifugation within 3 hours after the collection of whole blood.
- The samples (whole blood, serum, plasma) may be stored for a week at 2-8°C prior to being tested. If testing will be delayed more than a week, samples (serum, plasma) should be frozen at -20°C.
- The samples (serum, plasma) stored frozen at -20°C for 3 months showed no performance difference.
- However, the whole blood sample should not be kept in a freezer in any case.
- As a repeated freeze-thaw cycle may affect the test result, do not refreeze previously frozen samples.

## TEST SETUP

- Check the contents of **ichroma™ NT-proBNP**: Sealed cartridges, detector tubes, a detector diluent, an ID chip and an instructions for use.
- Ensure that the lot number of the cartridge matches that of the detector tube, the detector diluent as well as an ID chip.
- If the sealed cartridge, the detector tube, and the detector diluent have been stored in a refrigerator, place them on a clean and flat surface at room temperature for at least 30 minutes before testing.
- Turn on the instrument for **ichroma™** tests.
- Insert the ID chip into the 'ID chip port'.

※ Please refer to the instrument for **ichroma™** tests operation manual for complete information and operating instructions.

## CAUTION

- To minimize erroneous test results, we suggest that the ambient temperature of the cartridge should be 25°C during the reaction time after loading sample mixture to the cartridge.
- To maintain the ambient temperature to 25°C, you can use various devices such as an i-Chamber or an incubator and so on.

## TEST PROCEDURE

### ► **ichroma™ II, ichroma™ M2**

- Take 150 µL of detector diluent using a pipette and dispense it to the detector tube containing a granule. When the granule form is completely dissolved in the tube, it becomes detection buffer.  
(The detection buffer must be used immediately. Do not exceed 30 seconds.)
- Take 10 µL of sample (whole blood/serum/plasma/control) using a pipette and dispense it to the detector tube.
- Close the lid of the detector tube and mix the sample thoroughly by shaking it about 20 times.

(The sample mixture must be used immediately. Do not exceed 30 seconds.)

- 4) Take 75 µL of the sample mixture and dispense it into the sample well of the cartridge.
- 5) Insert the sample-loaded cartridge into the slot of the i-Chamber or an incubator (25 °C).
- 6) Leave the sample-loaded cartridge in the i-Chamber or an incubator for 12 minutes.

**⚠ Scan the sample-loaded cartridge immediately when the incubation time is over. If not, it will cause inaccurate test result.**

- 7) To scan the sample-loaded cartridge, insert it into the cartridge holder of the instrument for ichroma™ tests. Ensure proper orientation of the cartridge before pushing it all the way inside the cartridge holder. An arrow is marked on the cartridge especially for this purpose.
- 8) Tap the 'Start' button on the instrument for ichroma™ tests to start the scanning process.  
(ichroma™ M2 will start the test automatically after inserting.)
- 9) The instrument for ichroma™ tests will start scanning the sample-loaded cartridge immediately.
- 10) Read the test result on the display screen of the instrument for ichroma™ tests.

#### ▶ ichroma™ III

- 1) The test procedure is same with the 'ichroma™ II test procedure 1) ~ 4)'.  
2) Insert the sample-loaded cartridge into the holder of ichroma™ III. Ensure proper orientation of the cartridge before pushing it all the way inside the cartridge holder. An arrow is marked on the cartridge especially for this purpose.
- 3) Tap the 'Start' button on ichroma™ III to start the scanning process.
- 4) The cartridge goes inside and ichroma™ III will automatically start scanning the sample-loaded cartridge after 12 minutes.
- 5) Read the test result on the display screen of the ichroma™ III.

#### ▶ ichroma™-50, ichroma™-50 PLUS

- 1) Insert the tip array in the tip station.
- 2) Insert the detector tube in the reagent station and cover the reagent station to hold the detector tubes in place.
- 3) Open the lid of the detector diluent and insert the detector diluent in the diluent station.
- 4) Insert the cartridge magazine with the cartridges into the magazine station.
- 5) Insert the sample tube into the blood collection tube rack and load the blood collection tube rack into the sampling station (loading part).
- 6) Tap the button located in the upper side of the No. of test cartridge region to select the ID chip that you want to use.
- 7) When the selected cartridge slot is activated, set the number of the detector tube by tapping.
- 8) Set the number of pipette tips by tapping.
- 9) Tap the 'Start' button on the left upper of the main screen to start test.

## INTERPRETATION OF TEST RESULT

- The instrument for ichroma™ tests calculates the test result automatically and displays NT-proBNP concentration of the test sample in terms of pg/mL.
- Reference value (95<sup>th</sup> percentile): 125 pg/mL
- Working range: 10-30,000 pg/mL.

## QUALITY CONTROL

- Quality control tests are a part of the good testing practice to confirm the expected results and validity of the assay and should be performed at regular intervals.
- Quality control tests should also be performed whenever there is any question concerning the validity of the test results.
- Control materials are provided on demand with **ichroma™ NT-proBNP**. For more information regarding obtaining the control materials, contact **Boditech Med Inc.'s Sales Division** for assistance.  
(Please refer to the instructions for use of control material.)

## PERFORMANCE CHARACTERISTICS

### ■ Analytical sensitivity

Limit of Blank (LOB)	3 pg/mL
Limit of Detection (LOD)	7 pg/mL
Limit of Quantitation (LOQ)	10 pg/mL

### ■ Analytical specificity

#### - Cross-reactivity

Biomolecules listed in the following table were added to the test sample(s) at concentrations much higher than their normal physiological levels in the blood. **ichroma™ NT-proBNP** test results did not show any significant cross-reactivity with these biomolecules.

Cross-reactants	Concentration
Troponin Complex	1.0 µg/mL
CK-MB	1.0 µg/mL
Myoglobin	3.5 µg/mL
BNP	3.5 µg/mL
CNP	3.5 µg/mL
NT-proANP	3.5 µg/mL
Endothelin	20 pg/mL
D-dimer	100 µg/mL
Adrenomedullin	1.0 ng/mL
Aldosterone	0.6 ng/mL
Angiotensin I	0.6 ng/mL
Angiotensin II	0.6 ng/mL

#### - Interference

Interferents listed in the following table were added to the test sample at the concentration mentioned below. **ichroma™ NT-proBNP** test results did not show any significant interference with these materials.

Interferents	Concentration
D-glucose	60 mM/L
L-Ascorbic acid	0.2 mM/L
Bilirubin(conjugated)	0.4 mM/L
Hemoglobin	2 g/L
Cholesterol	13 mM/L
Triglyceride	10 mg/mL
K <sub>2</sub> EDTA	10.8 mg/mL
K <sub>3</sub> EDTA	10.8 mg/mL

Sodium Heparin	54 mg/mL
Lithium Heparin	54 mg/mL

## ■ Precision

### - Single-site study

#### Repeatability (within-run precision)

#### within-laboratory precision (Total precision)

#### Lot to lot precision

3 Lots of **ichroma™ NT-proBNP** were tested for 21 days. Each standard material was tested 2 times per day. For each test, each material was duplicated.

Single-site study						
NT-proBNP [pg/mL]	Repeatability		within-laboratory precision		Lot to lot precision	
	AVG [pg/mL]	CV (%)	AVG [pg/mL]	CV (%)	AVG [pg/mL]	CV (%)
63.35	63.55	5.99	64.18	5.87	63.08	5.85
292.55	292.49	5.27	292.83	5.55	290.87	5.98
2259.7	2269.07	5.22	2275.56	5.32	2256.08	5.60

### - Multi-site study

#### Reproducibility

1 Lot of **ichroma™ NT-proBNP** was tested for 5 days in 3 different sites (1 person per 1 site, 1 instrument per 1 site). Each standard material was tested 1 time per and 5 replicates per day.

Multi-site study		
NT-proBNP [pg/mL]	Reproducibility	
	AVG [pg/mL]	CV (%)
63.35	63.30	6.12
292.55	293.42	5.28
2259.7	2266.75	6.23

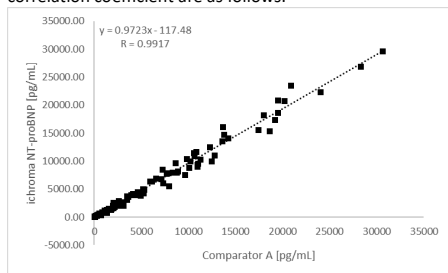
## ■ Accuracy

The accuracy was confirmed by testing with 3 different lots of **ichroma™ NT-proBNP**. The tests were repeated 10 times at each concentration of the control standard.

NT-proBNP [pg/mL]	Lot 1	Lot 2	Lot 3	AVG [pg/mL]	Recovery (%)
63.35	63.41	64.30	64.89	64.20	101.3
502.62	493.47	481.97	501.12	492.18	97.9
941.89	937.66	942.77	956.11	945.51	100.4
1381.16	1360.73	1428.96	1394.20	1394.63	101.0
1820.43	1814.00	1845.17	1808.96	1822.71	100.1
2259.7	2246.39	2203.03	2340.05	2263.16	100.2

## ■ Comparability













NT-proBNP concentration of 100 clinical samples were quantified independently with **ichroma™ NT-proBNP (ichroma™ II)** and **comparator A** as per prescribed test procedures. Test results were compared, and their comparability was investigated with linear regression and correlation coefficient (R). The regression equation and correlation coefficient are as follows.



## REFERENCES

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3. Pfister R, Schneider CA. Natriuretic peptides BNP and NT-pro-BNP: established laboratory markers in clinical practice or just perspectives? Clin Chim Acta 2004; 349: 25-38.
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6. Hogenhuis J, Voors AA, Jaarsma T, Hoes AW, Hillege HL, Kragten JA, van Veldhuisen DJ. Anaemia and renal dysfunction are independently associated with BNP and NT-proBNP levels in patients with heart failure. Eur J Heart Fail. 2007 Aug;9(8):787-94. Epub 2007 May 25.
7. Ewald B, Ewald D, Thakkinstan A, Attia J. Meta-analysis of B type natriuretic peptide and N-terminal pro B natriuretic peptide in the diagnosis of clinical heart failure and population screening for left ventricular systolic dysfunction. Intern Med J 2008;38: 101-13.

**Note:** Please refer to the table below to identify various symbols.

	Sufficient for <n> tests
	Read instruction for use
	Use by Date
	Batch code
	Catalog number
	Caution
	Manufacturer
	Authorized representative of the European Community
	In vitro diagnostic medical device
	Temperature limit
	Do not reuse
	This product fulfills the requirements of the Directive 98/79/EC on in vitro diagnostic medical devices

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